



# Learn Japanese Pod with Ami and Alex

## Podcast 41: Cheering someone up in Japanese

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In this lesson you will learn the following:

- ✓ Useful Japanese phrases to cheer someone up
- ✓ Talking about negative feelings



## Introduction

In this lesson you will learn various useful Japanese expressions that you can use to cheer someone up who is feeling down.

## How to study

This lesson includes the main podcast lesson, PDF show notes and an extra audio drill. You can find all of these resources by going to <https://learnjapanesepod.com> and clicking on the title for this lesson.

In the main podcast lesson Ami Sensei and Alex demonstrate the main dialogue, briefly explain the grammar and talk about other Japan related topics.

Then you can use these show notes to read through and study in more depth. We include grammar and vocabulary explanations to better understand the main lesson dialogue.

Finally, you can use the Japanese dialogue only audio file to practice your listening. You can listen to the audio, phrase by phrase, and then repeat afterwards to practice your speaking and listening skills.

To access the audio podcast for this lesson go to <https://learnjapanesepod.com> and navigate to this lesson.



## Main Dialog 1 - Cheering someone up (Japanese)

- A: もういやだ。  
B: どうしたの？  
A: 仕事がうまくいってなくて。  
B: 大丈夫だよ。元気出して。  
A: ちょっと自信ないんだよね。  
B: 君ならできるよ。頑張って！

## Main Dialog 1 - Cheering someone up (Pronunciation)

- A: Mō, iya da.  
B: Dō shita no?  
A: Shigoto ga umaku ittenakute.  
B: Daijōbu yo. Genki dashite.  
A: Chotto jisshin nain da yo ne.  
B: Kimi nara dekiru yo. Gambatte!

## Main Dialog 1 - Cheering someone up (English)

- A: Ugh, this sucks.  
B: What's the matter?  
A: Work isn't going well.  
B: It's OK. Cheer up!  
A: I'm kinda losing my confidence.  
B: You can do it! Do your best!



## Extra Useful phrases for cheering someone up in Japanese

Here are some extra phrases you can use to cheer people up in Japanese

1. 心配しないで *Shinpai shinai de*  
Don't worry about it
2. 応援してるよ *Ōen shiteru yo*  
I support you / I've got your back
3. なんとかなるよ *Nantoka naru yo*  
It'll work out / Let it be / It'll be fine
4. 仕方がないよ *Shikata nai yo*  
It can't be helped / That's life
5. しょうがない *Shō ga nai*  
It can't be helped / That's life



Hi, this is Alex, the creator of Learn Japanese Pod. Thanks for downloading these show notes, I hope you find them useful. If you need any help with your Japanese or have any questions or comments please drop me a line at [info@learnjapanesepod.com](mailto:info@learnjapanesepod.com)

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Enjoy!

Alex