Learn Japanese Pod with Ami and Alex

Podcast 30: Talking about your plans for the year

In this lesson you will learn the following:

✓ Talk about your new year’s resolutions
✓ Talk about future plans
✓ Ask and answer questions about goals

LEVEL: Upper Beginner
Introduction

In this podcast you will learn how to talk about your New Year’s resolutions, your plans and goals for the coming year. Check out the main dialogue to learn natural phrases and vocabulary for this lesson.

Vocabulary

<table>
<thead>
<tr>
<th>Japanese</th>
<th>English</th>
</tr>
</thead>
<tbody>
<tr>
<td>新年の抱負</td>
<td>Shinnen no hōfu (New Year’s resolution)</td>
</tr>
<tr>
<td>日本語</td>
<td>Nihongo (Japanese (Language))</td>
</tr>
<tr>
<td>上達</td>
<td>Jōtatsu (Improve)</td>
</tr>
<tr>
<td>本を読む</td>
<td>Hon o yomu (To read books)</td>
</tr>
<tr>
<td>後</td>
<td>Ato (Also / As well / After that)</td>
</tr>
<tr>
<td>もっと</td>
<td>Motto (More)</td>
</tr>
<tr>
<td>読みたい</td>
<td>Yomitai (I want to read)</td>
</tr>
<tr>
<td>健康的</td>
<td>Kenkōteki (Healthy)</td>
</tr>
<tr>
<td>なりたい</td>
<td>Naritai (Want to become)</td>
</tr>
<tr>
<td>音楽活動</td>
<td>Ongaku katsudō (Musical activities)</td>
</tr>
<tr>
<td>頑張りたい</td>
<td>Gambaritai (I want to do my best)</td>
</tr>
<tr>
<td>やる気</td>
<td>Yaruki (Motivation)</td>
</tr>
<tr>
<td>なんでもできる</td>
<td>Nandemo dekiru (You can do anything)</td>
</tr>
<tr>
<td>よし</td>
<td>Yosh(i) (Let’s do this)</td>
</tr>
</tbody>
</table>
Main Dialog (Japanese)

A: ね、新年の抱負はなに？
B: そうだね。やっぱり、日本語を上達させたいからもっと本を読むよ。後、もっと健康的になりたいな。あみは？
A: 私も本をもっと読みたい！後、音楽活動をもっと頑張りたいな。
B: なるほどね。
A: やる気があれば、なんでもできるよ。
B: よし！

Main Dialog (Japanese pronunciation)

A: Ne, shinnen no hōfu wa nani?
B: Sō da ne. Yappari, nihongo o motto jōtatsu sasetai kara motto hon o yomu yo. Ato, motto kenkōteki ni naritai na. Ami wa?
A: Watashi mo motto hon o yomitai! Ato, ongaku katsudō o motto gambaritai na.
B: Naruhodo ne.
A: Yaruki ga areba nandemo dekiru yo.
B: Yosh!

Main Dialog (English)

A: Hey, what’s your New Year’s resolution?
B: Well, let’s see. I guess I want to improve my Japanese and read more books. Also, I want to be more healthy. How about you Ami?
A: I also want to read more books. Also, I want to go for it with my music.
B: I see.
A: If you have motivation you can do anything.
B: Let’s do this!
Grammar Drills
Let's drill a really useful phrase for talking about your goals for self-improvement. Here's the basic sentence structure:

[The activity or goal] + [もっと頑張りたいな]

motto gambaritai na
I want to go for it (Lit. I want to try harder)

Drill 1
音楽活動をもっと頑張りたいな。
Ongaku katsudō wo motto gambaritai na.
I want to go for it with music

Drill 2
仕事をもっと頑張りたいな。
Shigoto wo motto gambaritai na.
I want to go for it at work

Drill 3
日本語の勉強をもっと頑張りたいな。
Nihongo no benkyō wo motto gambaritai na.
I want to go for it with my Japanese studies

Drill 4
運動をもっと頑張りたいな。
Undō wo motto gambaritai na.
I want to go for it for working out

Drill 5
ダイエットをもっと頑張りたいな。
Daietto wo motto gambaritai na.
I want to go for it for my diet
Random Phrase of the Week
This week’s random phrase is…

奥が深い - Oku ga fukai
This means something like it’s hard than you think or it’s deep or there’s more than meets the eye.

Examples:

1. 日本語は奥が深い
*Nihongo wa oku ga fukai*
Japanese is a deep language / Japanese is a deep language

2. この本は奥が深い
*Kono hon wa oku ga fukai*
This book is deep / There’s a lot more to this book than meets the eye

3. 「七転び八起き」ということわざは奥が深い
*Nana korobi ya oki to iu kotowaza wa oku ga fukai*
The saying “fall seven times, stand up eight” is very deep in meaning.
Hi, this is Alex, the creator of Learn Japanese Pod. Thanks for downloading these show notes, I hope you find them useful. If you need any help with your Japanese or have any questions or comments please drop me a line at info@learnjapanesepod.com

You can also get the latest info on our social networky thingies below:

Learn Japanese Pod  https://dojo.learnjapanesepod.com
My personal website: http://alexbrooke.com
Twitter: https://twitter.com/japanesepodcast
Facebook: https://www.facebook.com/LearnJapanesePod/
Instagram: https://www.instagram.com/learnjapanesepod/

Enjoy!

Alex